

# Life Group Happenings

Dear Life Groups and Life Group Leaders,

I praise God for the work he is doing in many of us, as we purposefully and intentionally do life together! I would like to inform you of the following upcoming events that you as leaders and/or groups can participate in to help strengthen your group experience together.

**Group Leaders Huddle** – you have already received a couple of e-mails in regard to this, but just want to remind you about the upcoming Group Leaders Huddle scheduled for Sunday, November 15<sup>th</sup> – 6:30 to 8:00 p.m. Both Bryan Blair and I will provide a fun, dynamic, inter-active training session on what it means to truly shepherd our group members – you won't want to miss it! Furthermore, we will let you know about our new exciting teaching series that will start in the New Year called, *Growing Together with Jesus*. You will want to be sure your group connects, comes alongside of this teaching – again, will give you the detailed scoop on the 15<sup>th</sup>. Goodies and coffee will be provide, along with child care for those who request it by **Wed., November 11<sup>th</sup>**. If you have not already RSVP'd for this please do so at your earliest convenience.

**MISSION MEXICO SUNDAY** – The Outreach team would like to extend an invitation to all life groups to join Pat and Lou Alvarez as they share about the exciting things God is doing through the new *Camp John 3:16*. Read their invite below. Please make every effort to attend this gathering – God is at work in Merida!! **Sunday, November 22 – 9:00 and 10:30 a.m. – Fellowship Hall (2 times to choose from)** We'd love to have your life group join us to hear the exciting news of what's happening with **Camp John 3:16** in Merida, Mexico. Lou and Pat Alvarez recently spent 3 weeks in Merida assisting Engineering Ministries International as they developed a master plan and architectural drawings for the camp. They'll be explaining the master plan, sharing pictures of the drawings, telling how God's hand is evident in this work, and ways you can be involved.



**Thanksgiving Eve Service at FBC** – we have a team of people putting together a great service, and they are asking for some help from life groups. Here is their note to us:

- On Wednesday, November 25<sup>th</sup> at 7-8 in Cascade Room of Community Center
- We are looking for 8, God Brags for this service. Here is what we're looking for:
- 3-4 minutes long. No more than 4 minutes though.
- Write out a single page so that we are able see the specific brag and have variety in our testimonies.
- Clearly bragging on God, boasting in the Lord.
- No need for a picture that we usually have for Sunday God Brags.

Is there anyone who comes to mind for you? Anyone you could/would talk to? Or anyone you would like us to follow-up on?

Thanksgiving season is a great time to praise God for the many blessings he has given us! Please pass this information on to your group. If you or anyone in your group has a *God Brag*, please get it to either Pastor Brian or Gloria within the next couple of weeks. If you need any help with putting together the God Brag – please let us know and we will be more than happy to help out!

Again, I hope you will take advantage of these opportunities in order to experience a, **“growing, vibrant, life-changing relationship with Jesus Christ.”**

Pastor Allan.

# Life group prayer and praise

- Praise that God is in my life. Thanks that my prayers are being answered with hope that they continue to be answered, thank you for your support. ~**Charlie Vana**
- Please pray for our son **Alex**, he went into Denny Youth Center for 27 days. ~ **Paul Abbit**
- **John Lanier**, a friend from Arlington, has had a stroke and it has affected his right side, he is now at a rehab center in Everett for 2 weeks, please pray for complete healing. ~ **Sheri Wiederspohn**
- Please pray for **Karla Signs**, she is having some medical problems, lots of headaches from blood on the brain, please pray that God will heal her and reliver her headaches. ~ **Sandra Signs**
- **Judy Warren's dad, Paul Klein** is in the hospital with pneumonia, he is 87 years old, please pray for him. ~**Tom Warren**
- Please pray for my family in New Orleans, my daughter **Emily** needs her eyes opened to the truth and in the meantime, needs God's surrounding protection. ~ **Kelly**
- I have cancer and would like prayer for a cure. Thanks, **Annette Kerby**
- **Mark Deiner** needs a dryer.
- Please pray for my grandson, **Vance, Lenny's** son, (5 yr.) His appendix started to rupture in the operating room and the doctors nicked his small intestines. ~ **Bobby Backstrom**
- Please pray for my son, **Nathan**, he is reverting back to the world of drugs. ~ **Roy McCowan**
- **Heidi, my daughter**, needs to find a job soon. Please pray for her and my mom, **Bettie Aitkin's** who is suffering a great deal of pain following her stroke in June, which hinders her recovery. ~ **Kim Edwards**
- Please pray for my oldest daughter and her little girl, they are being mentally and physically abused by a boyfriend. Please give her the courage to leave this abusive relationship. ~ **Barb Lillard**
- Please pray for our son, **Zack**, who is 20 months old and is under weight, we would like prayer for a healthy appetite and that he would begin to gain weight. ~ **The Rodriguez family**

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**MISSIONS BOOK SALE:** Sunday November 8th the Senior Adult Ministry is sponsoring a Book Sale in the Social Hall before and after worship. All proceeds will go to local missions.

**THANKSGIVING SERVICE:** Join us November 25th at 7pm in the Cascade Room. Bring your offering of gloves, stocking hats, blankets and sleeping bags for our Friday Night Street Ministry.

**GOT SOAP?** FBC Street Ministry serves hot meals to those in need every Friday night. We need your help with this vital outreach Won't you join us in *Caring for our Community?* To find out how you can contribute to this ministry, contact Janet Tracy.

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# Pray for our Military

- *Jonathan Michaels Estrella— son of Sharon Boswell.*
- *Jason Bjazevich—Megan Owenby's husband—Army Special Forces— Stationed in N. Carolina.*
- *Joel Ellis—son of John & Midge — Serving in Iraq.*
- *Scott Harpell—son of Brian & Lynne— Stationed at Fort Bragg.*
- *Aaron Weston—nephew of Ken and Kathy—Stationed in San Diego.*
- *Eric Schmidt — son of Gene and Pat Schmidt — Camp Fallujah, Iraq.*
- *Benjamin Lagonia—dear friend of the Naylor family—stationed in Manitoba.*
- *David Coyle—son of Karen Mark— residing in Seattle, member of the National Guard.*
- *Adam Flynn—a young Marine safely home and out of military.*
- *Brett Love—grandson of Wilma— Army National Guard—Serving at home.*
- *Robin Swartz - Serving in the military - currently home in Everett.*
- *Christian Chmielewski—nephew of JoAnn Couturie' - in the Marines.*
- *ENS Andrew E. Timpner (fiancé to Christin Suthard) on deployment with USS Momsen.*
- *Devin Abbitt—nephew of Paul Abbitt - Marine, stateside.*
- *Doug Baer—a teacher at Kamiak HS heading to Iraq in the Army Reserves—thru Sept. 09.*
- *Duane Neyens—brother to Kathy Chapman—Nat. Grd. Afghanistan.*
- *Philip Ankney-LCPL Afghanistan Cousin of MaryAnn Peterson.*
- *Jeffrey Lillard—son of Barbara Lillard — Srg. In Army, Stationed in Afghanistan.*
- *Aaron Chmielewski—joined the Marines. Nephew of JoAnn Couturie.*



# Life Group Happenings

## All in the Family



*by Florence Miller*

Perhaps you read the Herald's incorrect time for the **Manus memorial**. Please note that the time for the funeral is at **2:30 P.M. this Friday, Nov. 6th** in the Pacific Room.

Another date to remember is **November 15th**, the **deadline** for returning your filled **Christmas Shoebox**. If your box isn't wrapped, remember that the lid should be wrapped separately. Inside, please indicate on the appropriate paper whether the contents are for a boy or girl. Also, please include the \$7.00 for mailing. And a big THANK YOU!

Now that the weather thermometer is indicating COLD, the men and women attending the **Friday night ministry** meal are in need of warm coats, sleeping bags, blankets and shoes. If you've been meaning to downsize your closets, now is a good time. Chris Frizzell also reported that two men from her team built a small deck with stairs so that "J" could quit using pallets as steps to get in his door. His gratitude was overflowing for the Christ-like attitude of those men.

The swine flu has come too close! both **David McCormick** and his daughter **Eryn** have been diagnosed with it and are very ill right now. This is a reminder that if any of us are feeling ill to PLEASE stay at home - for your sake and for everyone else's. And also, for everyone else to remember to wash your hands often.

**Pastor Brian and staff** want to thank the member of FBC and praise God for the many expressions of affirmation and thanks we received during October-Pastor Appreciation Month—including a staff dinner, restaurant card, cards and e-mails. We love Christ and we love you, His disciples! Thanks so very much FBC family for your support!

Don't forget the **ABMM meeting** on November 19th at 12 noon in the Pacific Room. **Ruelyn Nelson** will be doing the program. Please make your reservations by the 16th. Call the church office 425-259-9166 or Faith Wallingford.

## Friday Nite Challenge Update

I direct a "soup kitchen" from our church basement in downtown Everett every Friday Night. We provide soup, a hot meal, fresh salad, sandwiches, fresh fruit and vegetables and dessert to 100-150 people each Friday evening. Sometimes people ask why in the world we do that. They mumble about how "those people" get food stamp hand outs and they should budget their money better. We also provide toiletries each week because people cannot buy toilet paper or shampoo with food stamps. Now I know why - there's barely enough money to cover food expenses much less toothpaste or deodorant.

Today I start "The Challenge". Actually it started in my mind and conversation a few days ago. I have challenged members of my team to join me in this challenge. I remind them that church coffee is a freebie and not included in the challenge - oh, was that a moan or a groan? We review the guidelines and ask for people to be in this challenge with me. I ask for a show of hands and many are raised and my heart leaps with joy. My goal is to push compassion further into each of us as we live in someone else's shoes for a week.

So, in my head I try to visualize \$7 a day and think, no sweat. Then I think of 3 days at \$21 and think, boy that might be a little tougher. Seven days at \$49 could be the real challenge. Then I head to the grocery department at Fred Meyer last night and start shopping and sure wish I had looked at the ads and planned a bit better. I think of Sunday morning when I usually take my college daughter to breakfast at Patty's Eggnest and get some one-on-one time. Guess, that's not happening. OK, back to shopping - get the small sampler coffee because the small one is really going to blow the budget. Sugar is next because what is coffee without sugar? Salad for lunch tomorrow - do you see the price of lettuce these days?? My chicken salad usually has boneless, skinless chicken thighs on it. Are they crazy putting that price on those itty, bitty thighs? On it goes... I get out of there for \$35 but no fresh fruit - will shop elsewhere tomorrow.

I get to the car and "phone a friend" for some much needed support. She reminds me that when I make my salad with chicken, if I leave some chicken on the bone, I can use those in a crock pot to make soup later in the week! good support system!!

The week starts off a bit rough as I forget it's Daylight Savings Time and I forget to set my clock back so I'm up at 6 instead of 7. oh well - Here we are on Sunday morning and ready for the coffee. I open the sample size of "brand X" and decide if it's going to make it all week, I will need to water it down a bit. hmmm Not the SBUX I'm used to but for a week, it will work. Did I just say that? What about those that deal with this not just for 7 days but for lifetime. I vow to keep this in my mind this week.....see page 4 for the blog update

There will be a wedding shower for Amanda and Drew on the 7th of November in the Pacific Room at 2:00 pm. They are registered at Target and Macy's. Please RSVP to/or any questions, please call Hyesook Johnson.

# Lifegroup Contributing Opportunities

## Update

November 1st, 2009

Adult attendance: 221 Children: 9 am: 25+9 10:30 am 35+16

Youth Small Group: Middle School 14+4

High School 12+3



November 4th, Lowell Posey, Fran Westman  
Andrew Frazier  
November 6th, Jordan Weller  
November 7th, Lisa Baer  
November 9th, Emily Chilson  
November 10th, Loren Smith, Hazel Nicholson

### USHER CAPTAIN 2009:

November- Ron & Kay Olson  
Craig Reisen  
December—Darrell Olson  
Marc Owenby

### COFFEE HOUR 2009

November 8th  
Ruelyn Nelson  
Women of Purpose  
November 15th  
Steve Dittoe  
Marriage Builders  
November 22nd  
Barb Menia  
Women of Purpose  
November 29th  
Karl Durham  
Faith Builders



Empty boxes are available at the booth in the Hospitality Room. If you have questions, call Beverly DeCelles. Remember to include \$7.00 shipping with each box.  
Return your packed boxes by November 15th.

Is it truly only the end of day 3? I find myself daydreaming of Sunday morning breakfast already!

I have some food challenges as I have many food allergies - gluten (wheat), beef, peanuts, chocolate, bananas just to name a few. My diet generally consists of fresh chicken or turkey and vegetables, Chinese or Mexican fare. Any bread alternative is \$5-6/loaf. This challenge has become even more challenging as I am way out of my element trying to finance my gluten intolerance diet and stay within the \$7 budget.

I was invited to dinner last night by a friend. I declined, explaining the \$7/day challenge. She then invited me to eat at her house which I also declined until she offered that I could bring my own food. I came from work so had to stop at the grocery store. I pondered what to buy and decided on eggs - again. I spotted the regular \$1.89/dozen eggs and walked away attempting to find a cheaper yet healthy alternative. I found myself back in the egg row looking for a half dozen package - no luck. I again walk away only to be drawn back and notice they have packages of "medium size" eggs on the top shelf for only \$.99. I settle on the fact that I will use three of those for a regular two egg omelet but at least I won't blow my whole day's budget.

As I check out, the checker states "This is the only way I buy eggs anymore". I'm confused and our conversation continues. Apparently, the store is not allowed to just take a broken egg or two from a prepackaged carton and replace them, they must pull the whole dozen and repackage them in fresh containers - in this case, packages that say "medium size". Sure enough, we look inside and find "jumbo sized eggs" that have been repackaged at half the price. Wahoo!! Little things go a long way this week! (He did say it would be our little secret but this is too good to keep to myself.)

Hang in there everyone - after lunch tomorrow we are half way there! Chris - Everett First Baptist Church Outreach Meal Ministry

## Friday Nite Challenge Update